

LONG ISLAND SURGERY, P.C.

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Supplemental History Form for Bariatric Patients

Please complete the following information to help us provide your insurance company with the basis for determining the medical necessity for bariatric (weight reduction) surgery. Please answer all the questions completely.

PATIENT NAME: _____ **DATE:** _____

Referred By: _____ Primary Care Provider: _____

Additional Treating Physicians: _____

If necessary, which physician(s) do you think would write a letter of support to your insurance carrier? _____

Age: _____ Height: _____ Weight: _____

How long have you been overweight? _____ Do you usually gain back more weight than you lost? Yes No

What was your biggest weight loss? _____ By what diet program? _____

Have you had weight loss surgery in the past? Yes No

If yes, please specify the type of surgery, date performed, location performed and physician's name: _____

FAMILY HISTORY

Do you have a **FAMILY** history of:

Obesity: Yes No **High Blood Pressure:** Yes No **Heart Disease:** Yes No

Stroke: Yes No **Diabetes:** Yes No

Please indicate family members who have medical problems and specify the problem. If the family member is deceased, please specify cause of death and age if known.

Mother: _____

Father: _____

Siblings: _____

Maternal Grandparents: _____

Paternal Grandparents: _____

Maternal Aunts/Uncles: _____

Paternal Aunts/Uncles: _____

YOUR HISTORY

Do you have or have you ever had any of the following health problems:

Diabetes: Yes No How long: _____ Type of Control: Diet Tablets Insulin Dependent

High Blood Pressure: Yes No **Angina (Chest Pain):** Yes No **Heart Attack:** Yes No # of attacks _____

Coronary Artery Disease: Yes No **Congestive Heart Failure:** Yes No

Cardiac Medications: _____

High Cholesterol: Yes No **Sleep Problems** Yes (please list) No _____

Arthritis: Yes No If yes, list type (Rheumatoid/Osteoarthritis) and Medications: _____

Muscle and Joint Pain: Yes No If yes, please specify: Hip Foot/Ankle Knee Back Other: _____

Breathing Problems: Yes No If yes, please specify: Asthma Shortness of Breath Other: _____

Gastroesophageal Reflux Disease (GERD): Yes No Medications: _____

Depression: Yes No If yes, please list treating physician and any medications: _____

Cancer: Yes No If yes, please list type, current treatments, physician and current status: _____

Venous Insufficiency (varicose veins, swollen legs): Yes No **Thrombophlebitis (blood clots):** Yes No

Gallbladder Disease: Yes No If yes, please list any treatment and physician: _____

Gynecological Problems: Yes No Not Applicable

If yes, please answer the following:

Difficulty Achieving Pregnancy: Yes No

Ovarian Cyst(s) Yes No

Fibroids (uterine tumors): Yes No

Menstrual Irregularities: Yes No Please specify: _____

Other Problems: _____

Please list any other medical conditions not previously listed: _____

Please list any medications not previously listed: _____

Please give us more information about how your weight affects your life:

Physically: _____

Financially: _____

Socially: _____

Other Limitations: _____

Have you participated in commercial weight loss programs? Yes No If yes, please fill in the information below.

| PROGRAM | DURATION OF PROGRAM | WEIGHT LOSS | HOW LONG DID YOU MAINTAIN THE WEIGHT LOSS? |
|----------------------|----------------------------|--------------------|---|
| Optifast | | | |
| Weight Watchers | | | |
| Tops | | | |
| Richard Simmons | | | |
| Physician Supervised | | | |
| Slimfast | | | |
| Jenny Craig | | | |
| Susan Pouter | | | |
| Health Spas | | | |
| Exercise Program | | | |
| L.A. Weight Loss | | | |
| Atkins | | | |
| Nutrisystem | | | |
| Other: | | | |
| | | | |
| | | | |

Have you tried calorie or fat reduction diets, "fad" diets, or diets which required the purchase of books and tapes?

Yes No If yes, please list: _____

Have you had psychological or psychiatric counseling for weight loss or problems associated with weight loss?

Yes No If yes, please describe: _____

Have you been on medically supervised weight loss programs? Yes No If yes, please fill out the following:

Doctor: _____ Duration: _____ Weight Loss: _____

Doctor: _____ Duration: _____ Weight Loss: _____

Nutritionist: _____ Duration: _____ Weight Loss: _____

Were any medications used as part of the program(s)? Yes No If yes, please fill out the following:

| MEDICATION | DURATION OF USE | WEIGHT LOSS | HOW LONG DID YOU MAINTAIN THE WEIGHT LOSS? | REASON FOR STOPPING? |
|------------|-----------------|-------------|--|----------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Primary Insurance Information

Insurance Company: _____ ID #: _____ Group: _____

Address: _____ City/State/Zip: _____ Phone: _____

Insured Name: _____ Relationship to Patient: _____ Date of Birth: _____

Secondary Insurance Company: _____ ID #: _____ Group: _____

Address: _____ City/State/Zip: _____ Phone: _____

Insured Name: _____ Relationship to Patient: _____ Date of Birth: _____